

It has been said that only two things are certain in life
- death and taxes - but there is a third - **Change**.

GreenBlox invites you to:

Simple Strategies for Sustainable Behaviour Change



The workshop will assist participants to:

- Define sustainable behaviour change
- Understand the fundamental questions that need to be considered in undertaking change
- Identify the levels of action
- Know the attributes required for sustainable behaviour change
- Apply actions for sustained change

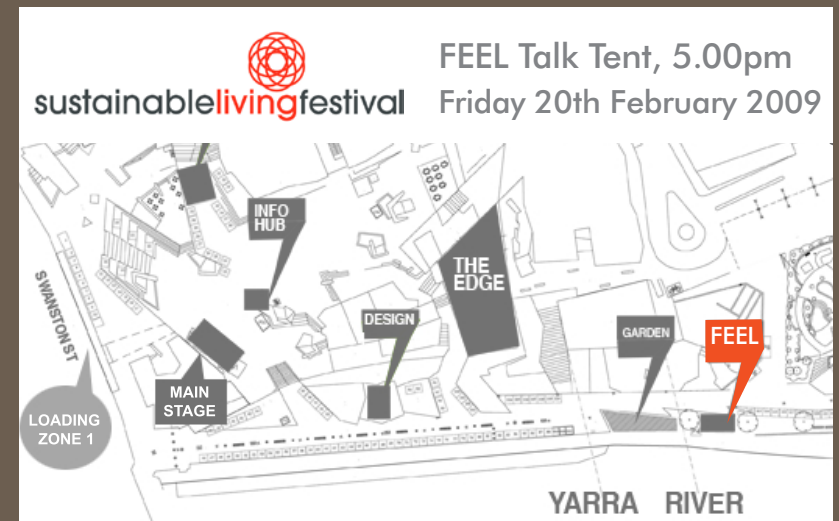
Most notably, using their own individual real-life practical examples, participants will discover ways to implement and influence positive changes.

We are constantly affected by change – at work, in the community and even at home. Framed within the context of sustainability, the Simple Strategies for Sustainable Behaviour Change focuses on strategies designed to shift people's thinking (and hence their behaviour).

The workshop:

- uses strategies drawn from psychological and sustainability research and practice;
- provides practical, useful tools to increase participants' abilities to influence others towards sustainable behaviour change; and
- incorporates practical exercises to give participants the confidence and ability to apply the concepts in the session in a variety of settings.

Where to find us...



Leila Greenfield and Tracey Bloxsome have a background in organisational and environmental change management. Together they formed GreenBlox, an organisational development consultancy founded on sustainability principles. Leila and Tracey are accomplished practitioners and facilitators with vast experience of applying grounded theory to real world challenges in organisational, not-for-profit and academic settings.
www.greenblox.com.au | info@greenblox.com.au